Balance and Harmony Through Feng Shui

Creating Positive, Healthy Energy In Your Home and Yard



Gee, what is Chi?





The Flow of Chi Through a Room



Broken Things



Uncomfortable Chairs



Dead Plants



Messy Rooms



Harsh Lighting

Things That Deplete Chi



Fish Tanks



Comfortable Chairs



Healthy Plants



Wind Chimes



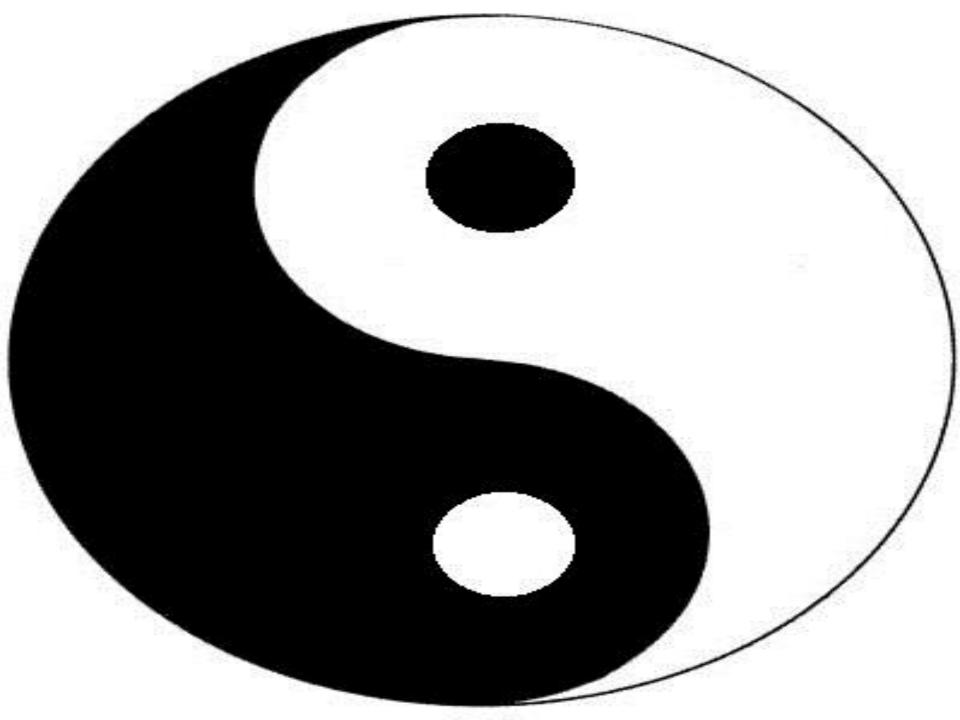
Happy Photos

Things That Enhance Chi

Yin and Yang

Finding Your





Yin and Yang Characteristics

Yin	Yang	Yin	Yang
Cool/Cold	Warm/Hot	Floral	Geometrical
Dark	Light	Calm	Active
Soft	Hard	Short	Tall
Curved	Straight	Low	High
Rounded	Angular	Closed	Open
Low	High	Subtle	Bold
Small	Large	Textured	Smooth
Ornate	Plain	Quiet	Loud
Wide	Narrow	Old	New
Horizontal	Vertical	Traditional	Modern





So, what do I do now?



The "Five Elements"

Balance Is Everything!



Element	Benefit	Colors	Symbols	Shape	Position or Direction
Fire	Energy, passion, intelligence, recognition & fame	Red, orange, pinks, and purples	Candles, pictures of fire, light, sun	Triangle, peaked	N
Earth	Stability permanence, marriage &	Pale yellow, light brown, sand, beige,	Ceramics, stones, crystals, landscapes	Square	SW, NE
Metal	Networking; children; transmits energy - good and bad; some types, such as copper, are associated with health	White, gray, gold, & silver	Metal things, swords, coins, pictures of metal things	Round, half- moon, domed	NW, W
Water	Career prospects, communication, opportunities,	Blue, black	Mirrors, glass, fountains, sea landscapes	Wavy, curvy	S
Wood	Motivation, creativity, growth, wealth, family	Browns, greens	Wooden things, furniture, plants, pictures of trees	Rectangle, long & high pieces	E, SE





Controlling and Nurturing Relationships

Controlling Relationships
Wood controls (consumes) Earth
Earth controls (dams) Water
Water controls (extinguishes) Fire
Fire controls (melts) Metal
Metal controls (cuts) Wood

Nourishing Relationships
Wood nourishes (feeds) Fire
Fire nourishes (makes) earth
Earth nourishes (creates) Metal
Metal nourishes (holds) Water
Water nourishes (nurtures) Wood



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Chi Me!

Applying the Five Elements Principle to Your Wardrobe





Green Pants



Black Shoes



Silver Jewelry



Triangle Scarf



A Five Elements Wardrobe

Creating Healthy Chi













Active Chi Passive Chi

Yin and Yang Characteristics

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So, what do I do now?

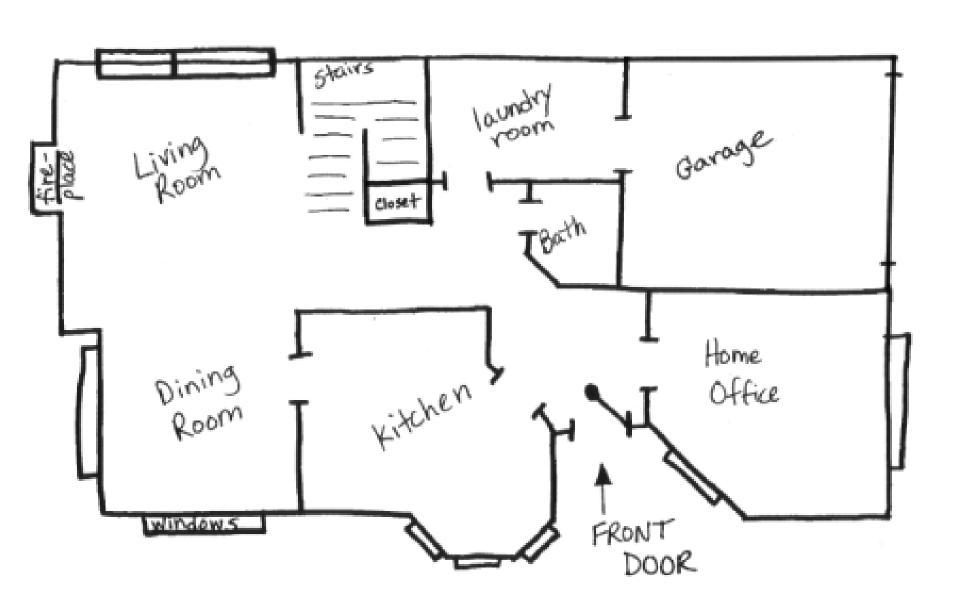


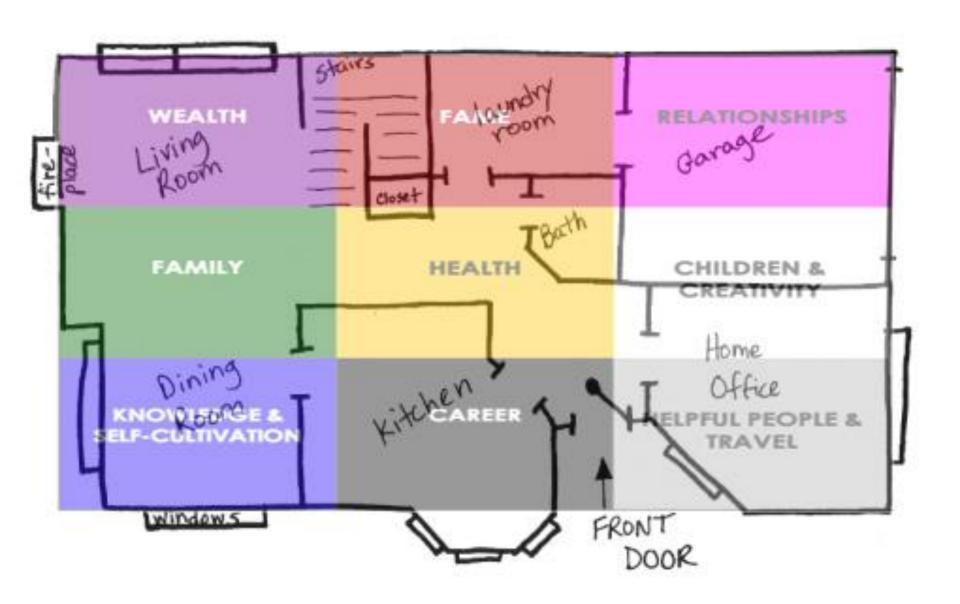
The Bagua Map

Chart Your Own Course!











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Connecting With the Earth







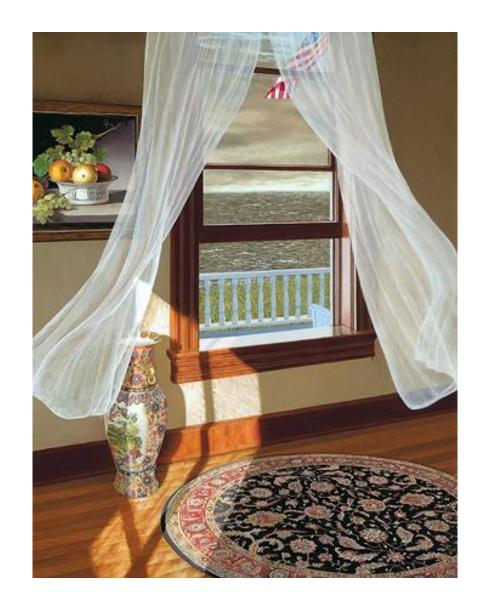
Walk on the Earth



Breathe Deeply and Consciously



Connect With a Tree



Open Up To Nature



Bring Nature Indoors

The Celestial Animals of Feng Shui





The Celestial Phoenix



The Celestial Dragon



The Celestial Tiger



The Celestial Tortoise

So, what do I do now?



The Psychology of Color

Open a Can of Happiness!









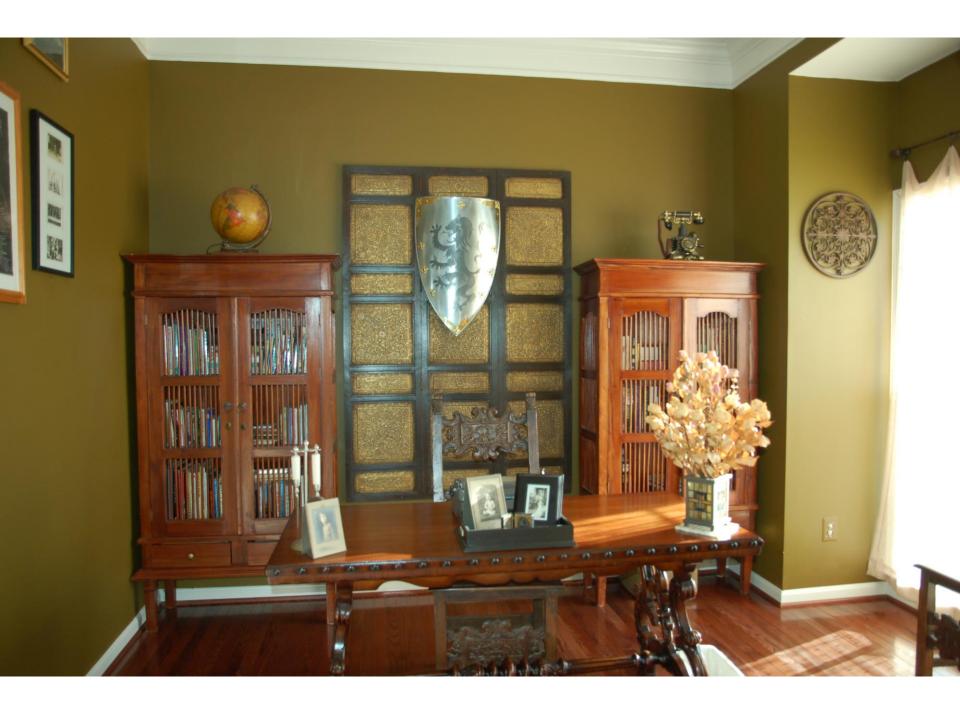






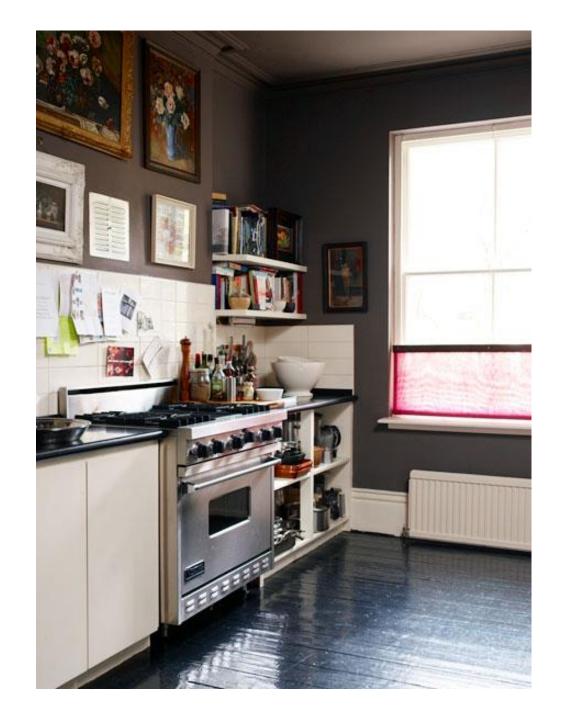
















Tips For the Outdoors

Get a Second Chance to Make a First Impression!



















FENG SHUI BAGUA

The Sacred Plants and Trees of Feng Shui





Bamboo



Evergreens



Fruit Trees



Citrus Trees



Maple



Oak



Birch

Other Sacred Trees



The Sacred Flowers of Feng Shui





Peony



Chrysanthemum



White Magnolia



Orchid



Lotus



A Happy Day the Feng Shui Way!

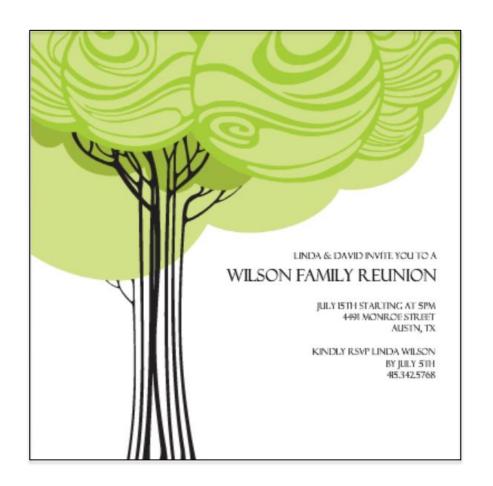


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Use the Five Elements to Balance a Wedding







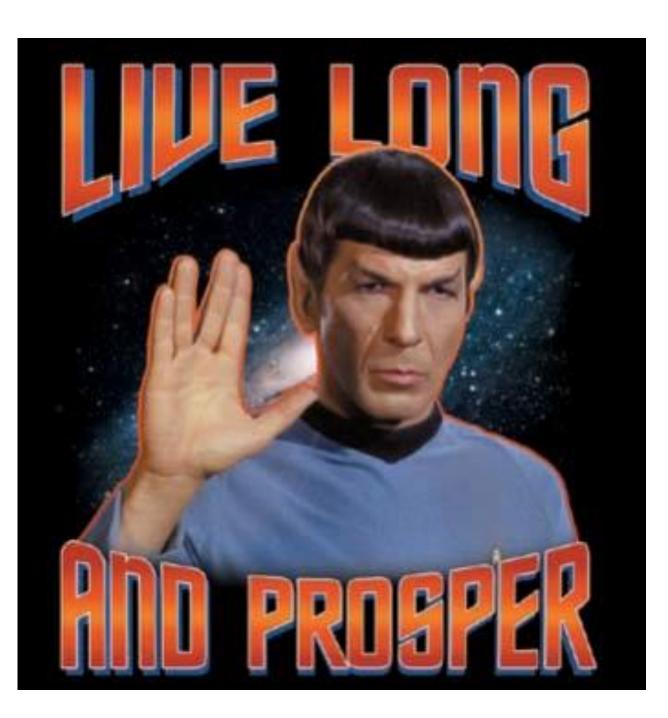
Use Color to Enhance a Family Reunion or Baby Shower



Pick the Perfect Place







Thank you and...

Enjoy Your New Healthy Environment!